

IMAGINE *if you could ask your body* WHAT'S GOING ON?



A Functional Health Report takes your lab data and analyzes it to help you understand what's going on inside your body.

Like a fingerprint, people are individuals with unique biochemical characteristics. Even for people with the same condition, their contributing imbalances may be very different. That's why, for optimal results, health decisions should incorporate understandable, actionable information about your biochemistry. The Functional Health Report does precisely that, so ask your health care provider for one today.



You should get a Functional Health Report if...

- ☐ You want to address an **existing health concern or condition**
- ☐ You want to **optimize athletic performance**
- ☐ You want to **reduce medications**
- ☐ You want to **overcome an addiction**
- ☐ You want to **get pregnant**
- ☐ You want to **increase vitality**
- ☐ You're at **high risk of disease**
- ☐ You simply **want to feel better!**

Every recommendation is based on your body's unique biochemistry and sourced from published medical research.

Personalized Information = Better Decisions

JANE DOE
49 year old Female - Born Nov 15, 1968

Lab Test on April 01, 2022

Blood Test Results Report

The Blood Test Results Report lists the results of the patient's Chemistry Screen and CBC and shows you whether or not an individual element is outside of the optimal range and/or outside of the clinical lab range. The elements appear in the order in which they appear on the lab test form.

	Above Optimal Range 8 Current 14 Previous	Above Standard Range 5 Current 5 Previous	Alarm High 3 Current 1 Previous
	Below Optimal Range 8 Current 6 Previous	Below Standard Range 8 Current 1 Previous	Alarm Low 0 Current 0 Previous

Element	Current	Previous	Impr	Optimal Range	Standard Range	Units
Glucose	63.00	90.00		72.00 - 90.00	65.00 - 99.00	mg/dL
Hemoglobin A1C	5.50	5.80	+	5.00 - 5.50	0.00 - 5.60	%
BUN	17.00	17.00		10.00 - 16.00	7.00 - 25.00	mg/dL
Creatinine	0.83	0.88		0.80 - 1.10	0.40 - 1.35	mg/dL
BUN/Creatinine Ratio	20.48	19.31	+	10.00 - 16.00	6.00 - 22.00	Ratio
eGFR Non-Afr. American	89.00	85.00	+	90.00 - 120.00	60.00 - 90.00	mL/min/1.73m2
eGFR African American	81.00	78.00	+	90.00 - 120.00	40.00 - 80.00	mL/min/1.73m2
Sodium	136.00	137.00		135.00 - 142.00	135.00 - 148.00	mEq/L
Potassium	3.90	4.20	+	4.00 - 4.50	3.50 - 5.30	mEq/L
Sodium/Potassium Ratio	35.38	32.61	+	30.00 - 35.00	30.00 - 35.00	ratio
Chloride	103.00	99.00	+	100.00 - 106.00	98.00 - 110.00	mEq/L
CO2	27.00	29.00		25.00 - 30.00	19.00 - 30.00	mEq/L
Anion gap	11.90	13.20	+	7.00 - 12.00	6.00 - 16.00	mEq/L
Uric Acid, female	4.50	4.90		3.00 - 5.50	2.50 - 7.00	mg/dL
Protein, total	7.50	7.70	+	6.80 - 7.40	6.10 - 8.10	g/dL
Albumin	4.40	4.60	+	4.00 - 5.00	3.80 - 5.10	g/dL
Globulin, total	3.10	3.10		2.40 - 2.80	2.00 - 3.50	g/dL
Albumin/Globulin Ratio	1.40	1.50	+	1.40 - 2.10	1.00 - 2.50	ratio
Calcium	9.80	10.10		9.40 - 10.10	8.60 - 10.40	mg/dL
Calcium/Albumin Ratio	2.22	2.19		0.00 - 2.60	0.00 - 2.70	ratio
Phosphorus	3.60	3.60		3.50 - 4.00	2.50 - 4.50	mg/dL
Calcium/Phosphorus Ratio	2.72	2.80	+	2.30 - 2.70	2.30 - 2.70	ratio
Magnesium	2.20	2.20		2.20 - 2.50	1.50 - 2.50	mg/dL
Alk Phos	55.00	54.00	+	70.00 - 100.00	35.00 - 115.00	IU/L
AST (SGOT)	25.00	20.00		10.00 - 26.00	10.00 - 35.00	IU/L
ALT (SGPT)	19.00	15.00		10.00 - 26.00	6.00 - 29.00	IU/L
ALP (ALP)	140.00	145.00		140.00 - 280.00	120.00 - 280.00	IU/L

Have you taken a lab test in the last 3 months?
Or plan to take one soon?

Then ask your healthcare practitioner for a Functional Health Report today.

<< EASY TO READ FHR REPORT

The Functional Health Report works by analyzing results from your lab data. It identifies your body's unique biochemical patterns and makes specific, scientifically based recommendations.

ANATOMY • BALANCE

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